



GOING ON AFTER LOSS  
43 MAPLE AVENUE, SUITE 9  
MORRISTOWN, NJ 07960

[WWW.GOALSCENTER.ORG](http://WWW.GOALSCENTER.ORG)

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## FOR IMMEDIATE RELEASE

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### *Mental Health and Educator Trainings Continue to Grow; New Training Dates Set*

Morristown, NJ, March 8th - The GOALS (Going On After Loss) Center for Families today announced it has reached and surpassed its' goal of training sixty professionals in six months in grief, trauma and loss counseling techniques developed from its six years of experience working with families affected by the attacks of September 11, 2001.

Since September 11, 2007, GOALS therapists have trained sixty-four mental health providers and educators in New Jersey and Washington DC. The training is conducted by licensed clinical social workers and certified group psychotherapists as part of The GOALS Center's on-going professional training series and the topics have ranged from Grief Complications from Suicide and Homicide to Traumatic Reminders: Opportunity for Healing.

The GOALS Professional Training Series continues into the spring with trainings scheduled for March 11<sup>th</sup>, April 8<sup>th</sup>, May 13<sup>th</sup> and June 10<sup>th</sup>. These free trainings are two-hour, evening sessions held once a month at the College of Saint Elizabeth in Morristown, NJ from 6:30 – 8:30pm.

Through the work they have done over the last six years with families affected by 9/11, GOALS therapists have amassed a unique variety of experiences and knowledge base on people affected by grief, trauma and loss. The objective of the monthly seminars is to transfer this knowledge to educators and mental health providers to further strengthen their response capabilities communities in times of need. Liz Adams, a school social worker from The Stony Brook School in Rockaway stated she attends because, "I get creative group ideas for helping children in the school setting, I get analytical and therapeutic information about loss, I get supervision to personally support me through the challenges of working with kids who have had a traumatic loss, and I have fun. In addition, all of the staff members are innovative, experienced, compassionate and professional. I know that I am being trained by the best in the field."



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GOALS programs were originally created as a response to September 11, 2001 to support families with children who lost a parent. It has since evolved into an organization providing mental health support services to families, children and communities in grief. The GOALS Center also trains educators and mental health professionals in our unique, resiliency-based model.

GOALS Center founder Maureen Underwood (LCSW, CGP) was named 2006 Social Worker of the Year in New Jersey by the National Association of Social Workers and more recently The GOALS Center was recognized in the 'Annual Innovations' issue of Mental Health Weekly as one of the most innovative grief service providers in the country.

For more info about GOALS programming, contact Kevin Duffy at (973) 800-9661, [kevin@goalscenter.org](mailto:kevin@goalscenter.org) or visit our website [www.goalscenter.org](http://www.goalscenter.org).

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