



THE YEAR IN REVIEW

2007 was the first of many big years for *The GOALS Center for Families* and we would like to take a moment to recognize and thank all of those who made it possible. In twelve short months we:

- Established an Advisory Board
- Developed our website and e-newsletter
- Offered *The Amazing Race III* and our second annual *Gingerbread Holiday Event*
- Trained more than 40 mental health professionals in the GOALS model
- Continued a support group for widows
- Presented our model at the American Group Psychotherapy Association National Conference in Austin, Texas
- Received national recognition from Mental Health Weekly as [one of the most innovative grief services providers](#) in the country
- [Published a book chapter](#) on 'Children & Terrorism' in *The Psychology of Terrorism* by Oxford University Press
- Witnessed *The GOALS Center* founder - Maureen Underwood – [named Social Worker of the Year](#)
- Raised \$100,000

The GOALS Center, like other non-profits, relies on the generosity of others for funding. The financial support we received over the last twelve months enabled us to provide valuable services to grieving families, train mental health professionals and build the framework for an organization that will continue to offer services in 2008 and beyond. Without such support at this early and critical juncture, none of the aforementioned accomplishments would have been possible. We would like to recognize and extend a heartfelt thank you to these individuals, corporations and foundations for their support and belief in our mission.

INDIVIDUAL SUPPORTERS

\$1 - \$499

Kathy Buckley
Joan Callahan
Elizabeth Emery
Anne Evered
Denise McDonald
Masako Murphy
Julia Rathkey Richardson
Mary Ellen Salamone
Anne Todisco
Diane Travers
Lydia Whitefield

\$500 - \$999

Lori Lynch

\$1,000 - \$1,499

Maryanne Farrell
Elizabeth Mattson
Susan Picarro
Karen Reilly
John LaSala

\$1,500 +

Maureen Maddison

CORPORATE & FOUNDATION SUPPORTERS

\$1 - \$9,999

Assumption Parish, Morristown
Cadbury Adams
The College of Saint Elizabeth
The Daily Record (via the Gannett Foundation)
The Deborah LaSala Memorial Foundation
Fiduciary Trust International
Hope House
The Lucy & Eleanor S. Upton Charitable Foundation
St. Patrick's Parish, Chatham

\$10,000 - \$24,999

The Robert and Joan Dircks Foundation

\$25,000 +

Marsh, Inc.
The Rose Foundation

VOLUNTEER SUPPORTERS

The GOALS Center is also heavily reliant on volunteer support. Without the continued support of our dedicated volunteers none of our family events and support groups would be possible. We would like to take a moment to recognize all these individuals, their hard work and selflessness. We owe a debt of gratitude to **Cathy Ayres, Santiago & Yvette Bauza, Sean Bednarz, Scott Bernstein, Patrick Clinton, Gloria & Steve Culmone, Megan Duffy, Anne Evered, John Fila, Leslie Grant, Sara Haim, Lori and Lisa Hart, Christine Henderson, Carolyn, Jen & Erin Hession, Jay Karlinski, Mike Kerwin, Lynne Kraemer, John & Bryan LaSala, Cindy Mairs, Madeline Paske Baulig, Susan Ristovski, AJ & Christina Rooney, Elisa Sandler, Diane Travers and Laura Winters.** Thank you all for your commitment to helping others and your countless hours of work.

SPECIAL SUPPORTERS

The GOALS Center is also indebted to some other individuals and organizations that have provided valuable support services.

*[Liqui-Site Designs](#), our web developer and graphic designer, has done a tremendous job with our website, e-newsletter and brochure design. Their quick and expert work continues to provide a professional face for our organization. Thank you to **Kelly Campbell** and her wonderful staff!

***Lynne Kraemer, Laura Winters** and [The College of Saint Elizabeth](#) are always ready to provide space for our training seminars for mental health professionals. Their constant willingness to help us has made it easy for our staff to train to local professionals. Lynne and Laura thank you for your efforts and helping us succeed!

*[The Support Center for Nonprofit Management](#) and our consultants **Barbara Miller** and **Duff Batchelder** have provided professional advice and direction throughout our first year. Their guidance at this critical juncture has provided GOALS staff with a knowledge base that will enable us to succeed in the coming months and years. Barbara and Duff, thank you for your hard work and dedication to our mission! This service was made possible through a grant from The American Red Cross Liberty Disaster Fund.

*[Assumption Parish in Morristown](#) and [St. Patrick's Parish in Chatham](#) continue to make space available to GOALS, free of charge, for our groups, events & trainings. As a young non-profit organization it is important that we conserve funds when possible and allocate as much money possible towards providing services. By working with local organizations such as these parish

communities, we are able to save money and focus on helping grieving families. We would like to thank **Msgr. Martin Rauscher, Mel Boesgaard & Sharon Bertram** at Assumption and **Father Ed Hinds & Virginia Donnellon** at St. Patrick's for always reserving space and working with us to improve the mental health of the community!

*[Hope House](#), our fiscal sponsor, has graciously provided fiscal management and oversight. While we work to obtain a 501(c)(3) tax-exemption, Hope House continues to accept donations on our behalf and administer them in a professional manner. **Diane Silbernagel and Karina Alexander** and have worked hard to make *The GOALS Center* a reality. Without their early and on-going support, our services would not be available today. We appreciate all of your help!

The GOALS Center* Advisory Board members **Maureen Maddison, Tara Martin, Elizabeth Mattson, Diane Travers and **Lydia Whitefield** continue to provide oversight, guidance and direction. They have given precious time and money in support of our work and without their effort, we would not be in the position we are today. Thank you for your willingness to work on our behalf and commit yourselves to the GOALS mission!

*Lastly, we would like to thank **Megan McDowell, Madeline Paske Baulig, Marney Rohda** and **Julie Willis**. These committed individuals have been involved with GOALS from its' inception, nearly six years ago. Over the years they have donated countless hours, sacrificed weeknights and weekends with their family and worked for little or no pay all to ensure that GOALS would be available for grieving families. They are always ready to help, regardless of the task. From training mental health providers to coordinating our special events their dedication and commitment is evident in the quality of service we provide. THANK YOU!

2008 & BEYOND

We look forward to an exciting new year at *The GOALS Center for Families*. We will continue our existing services while at the same time expanding and offering new events, groups, trainings and seminars all of which will help improve the health of our community! In early 2008, GOALS will begin a new monthly group for families and a weekly group for widows. Special family seminars will also be offered on topics related to children, grief and resiliency.

We will continue to support educators working with grieving students by providing training and publishing a classroom reference manual for teachers.

We will continue to support mental health providers by providing training and materials. Our evening seminar series for mental health providers continues on a monthly basis and will address such topics as '*Traumatic Reminders: Using Them for Healing*', '*Children and Grief: Designing Age Appropriate Interventions*' and '*Death of a Child: Systematic and Clinical Challenges*'. Intensive half-day trainings will also be provided.

National dissemination of the GOALS model continues through our work with various organizations. GOALS staff are again presenting at the American Group Psychotherapy Association National Conference, this February in Washington, DC. In July, GOALS staff will travel to Michigan and present our model to a new audience – [The National Institute for Trauma and Loss in Children](#) – at their [Childhood Trauma Practitioners Assembly](#).

We will also be holding our first major fundraising event, a golf tournament on Tuesday, September 2nd at Baltusrol Golf Club in Short Hills, New Jersey. This event will be held in memory of Robert

Mattson, a Fiduciary Trust employee who was killed on September 11th, 2001. For more information about this event, please contact Kevin Duffy at *The GOALS Center*.

Best Wishes for a Happy and Healthy New Year from The GOALS Center for Families!